

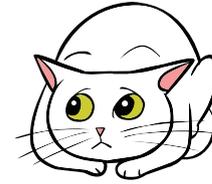


Take the Low Stress Handling Challenge!

You have the medical knowledge. Do you have the patient handling skills too?

1.

This young cat has come for his first visit to your hospital and spends most of the visit lying like this on the floor or on the exam table. Is this cat relaxed or is he anxious and how can you tell?



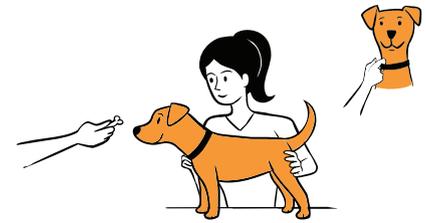
2.

Which of these front end holds controls movement in more directions?

Arm Hold



Collar Hold



3.

The handler has walked the dog into this position and is now attempting to physically guide the dog into a sit in preparation for a procedure. List three aspects of this handler's technique that are unsafe and how the handler should correct her technique.



4.

Without scruffing or using boxes, bags, towel wraps or scruff clips, how can you restrain a wiggly cat like this in a way that controls movement in all six directions and in a manner that calms the cat instead of increasing her stress and arousal?



5.

What leash-handling mistakes is this handler making that can increase the dog's tendency to pull? List three.



For additional Low Stress Handling information, posters, flyers, books, and DVDs, please visit our website at <http://DrSophiaYin.com>



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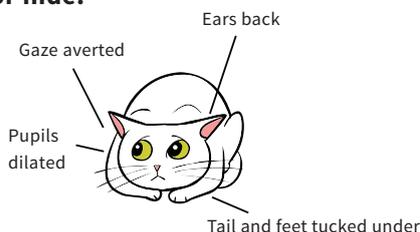


Check your answers!

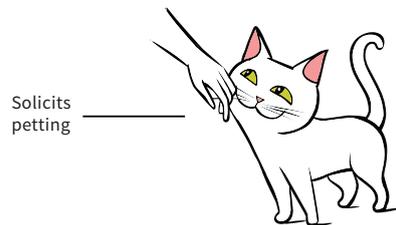
1.

You can tell whether cats are anxious or happy by watching their body language.

Anxious or fearful cat: Tends to freeze or hide.



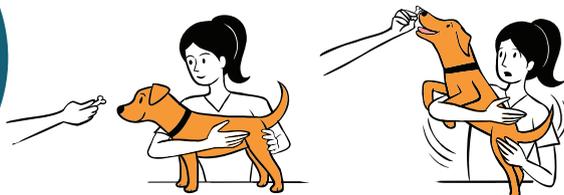
Comfortable/Happy Cat: Tends to explore and engage with the environment.



2.

The Arm Hold covers a greater surface area but the Collar Hold controls more directions.

Arm Hold: Controls movement right, left, forward, down, but not up.



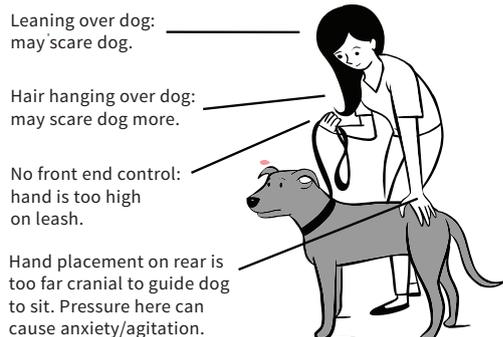
Collar Hold: Controls movement, right, left forward, down AND up.



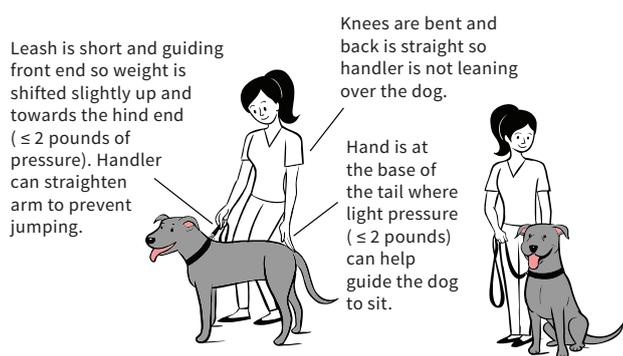
3.

Unclear guidance and improper pressure can cause stress, fear and can elicit aggression.

INCORRECT: Threatening posture and no protection from head butting or biting.



CORRECT: Proper guidance lets the dog understand what the handler wants.



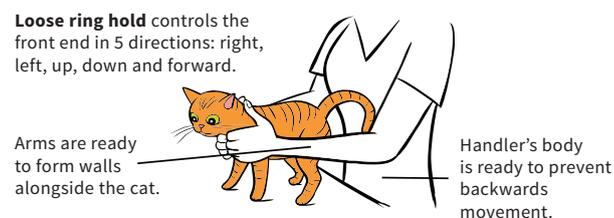
4.

Incorrect grabbing of the cat can increase arousal and fear.

INCORRECT: Grabbing and random squeezing can increase arousal and fear.



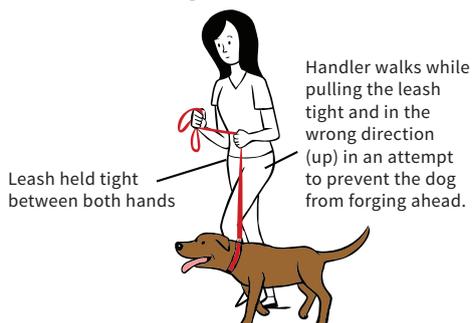
CORRECT: Proper hand restraint leads to a calm, content cat.



5.

Simple changes make the difference between whether a dog pulls, or walks nicely.

INCORRECT: Incorrect technique causes the dog to pull.



CORRECT: Correct leash walking technique helps dogs engage with their handlers.

